uHeart and soul

utnews.utoledo.edu



New menu for UT Medical Center third-shift team

Ry Aimee Portala

OCT. 13, 2014 VOLUME 15, ISSUE 8

Third-shift employees at The University of Toledo Medical Center will be able to enjoy an updated menu beginning Tuesday, Oct. 21.

The new menu will be offered Monday through Friday from 11 p.m. to 4 a.m. in the Four Seasons Bistro.

"This program is an example of the great care we are giving to our hardworking third-shift team," said Mario Toussaint, senior director of operations for Dining, Retail and Clinical Nutrition. "The success and sustainability of this offering will, of course, be dependent on whether it is meeting the needs of the third-shift team and the ongoing utilization of the food service."

Updated offerings will include:

• Daily "wellness" meal for \$3.99;

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Ecology class works to protect rare wet prairie ecosystem

By Lindsay Mahaney

ominated by grasses, inundated with water, and spattered with cardinal flowers, blue lobelia, gentians and orchids: These features are part of one of the rarest ecosystems on Earth. There are five examples of twig-rush wet prairie ecosystems left worldwide, and one is located in the Oak Openings Region.

Dr. Todd Crail, UT lecturer of environmental sciences, is teaching an ecology lab this fall that focuses on the conservation of the wet prairie ecosystem in northwest Ohio. The Oak Openings region composes a system of oak savannas and wet prairies on a sand ridge that runs from Detroit to Maumee State Forest in Henry County, Ohio. One of the focal sites for his class is Kitty Todd Nature Preserve, a 1,000-acre stretch of land located at 10420 Old State Line Road in Swanton.

According to Kitty Todd's Preserve Manager Ryan Gauger, the Oak Openings region is a globally imperiled system. Containing many unique species of plants and animals, the area has a biodiversity that acre for acre compares well to rainforest. However, non-native species, such as



Photo by Todd Crail

FIELD WORK: Environmental science students Alyssa Corbeil and Elizabeth Golnick set up a sampling plot in a field of fringed gentian at the Kitty Todd Nature Preserve. The students are investigating the soil, plant and arthropod groups in different management treatments, which include brush removal and prescribed fire.

OCT. 13, 2014 NEWS

Software development CEO tapped for national council

prian Balasia, co-founder and CEO of Digerati, is one of 27 individuals selected to serve on the National Advisory Council on Innovation and Entrepreneurship.

The council will operate as an independent entity within the Office of Innovation and Entrepreneurship, which is housed in the U.S. Commerce Department's Economic Development Administration.

Council members will advise the Secretary of Commerce on issues related to accelerating innovation, expanding entrepreneurship, and developing a globally competitive work force.

The leader of the Detroit-based software development and process improvement firm was on campus last week for the uHeart Digital Media Conference.

"I am honored to be selected to serve on the National Advisory Council on Innovation and Entrepreneurship," Balasia said. "I look forward to using my experiences gained from Digerati and contributing to policies that help foster a broadly accessible, national entrepreneurial ecosystem." "Thanks to Brian and Digerati, thousands of college students in Ohio and Michigan are able to land internships and gain marketable skills while still taking classes," Lawrence J. Burns, UT vice president for external affairs, said. "In 2013, UT launched Intern in Ohio, and the free web-based program continues to connect students and employers through an online matching system. It's a win-win situation for the students and the businesses.

"Brian is a valuable partner with UT and exemplifies the type of outreach we are making in External Affairs to develop new and innovative relationships that result in dynamic projects for our students and faculty," Burns added.

The council's appointees consist of business leaders, investors, academics and other influencers of the innovation economy; members include former AOL CEO Steve Case and Clemson University President James Clements.

"Through our 'Open for Business Agenda,' the Commerce Department has prioritized supporting entrepreneurs and helping foster innovation, which



Photo by Daniel Mille

CATCHING UP: Lawrence J. Burns, UT vice president for external affairs, left, talked with Brian Balasia, co-founder and CEO of Digerati, last week during a break at the uHeart Digital Media Conference.

are key drivers of America's global competitiveness," said U.S. Secretary of Commerce Penny Pritzker. "The new council members are a diverse and dynamic group of successful entrepreneurs, innovators and investors, as well as leaders from nonprofit organizations and academia.

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Toledo team doctor named to NCAA athletics safety committee

By Paul Helgren

Dr. Roger Kruse, the longtime team doctor for The University of Toledo Athletic Department, has been named to the NCAA Committee on Competitive Safeguards and Medical Aspects of Sports.

Along with the NCAA Sports Science Institute, the committee provides leadership and

expertise to assist the association in supporting all aspects of student-athlete health and safety. The committee relies on representation from member institutions in the fields of sports medicine, health and wellness, sports law, athletics administration, education and coaching, with representation from all three divisional Student Athlete Advisory Councils.

"I am very excited and humbled to be selected for this NCAA committee," said Kruse, who has served as a team doctor at UT for 33 years, 25 years as head physician. "My goals in sports medicine have always been to increase athletic performance and prevent injuries. I

look forward to working with the NCAA to make this happen."

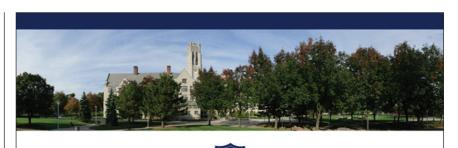
UT Vice President and Athletic Director Mike O'Brien said Kruse's appointment is a positive reflection on the entire Rocket athletic program.

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Photo by Daniel Mille

In this 2011 photo, Dr. Roger Kruse, right, tended to an injured player.





Nagi G. Naganathan, Ph.D., ASME Fellow Professor & Interim President

Henry J. Doermann Theater

University Hall, Main Campus

11 a.m., Wednesday, Oct. 29, 2014

Reception & Light Refreshments to Follow



NEWS OCT. 13, 2014

Open enrollment meetings scheduled

mployees looking for more information on benefit choices and assistance with completing the open enrollment process have a number of options available to them.

Several open enrollment meetings are scheduled this month.

"We're here to assist our employees in exploring their options to figure out what is best for them and their families," said Jovita Thomas-Williams, associate vice president for human resources and talent development.

Benefits specialists from Human Resources will hold meetings:

- Tuesday, Oct. 14, from 9:30 to 10:30 a.m. in Health Education Building Room 103:
- Wednesday, Oct. 15, from 1:30 to 2:30 p.m. in the Student Recreation Center Oak Room;
- Thursday, Oct. 16, from 2 to 3 p.m. in Collier Building Room 1200; and

• Wednesday, Oct. 22, from 5 to 7 a.m. in Transportation Center Room 1009.

Employees with questions about the online enrollment also may email benefits@utoledo.edu

Details regarding health-care plans are available online at hr.utoledo.edu.

Computers also are available for employee access Monday through Friday from 8:30 a.m. to 5 p.m. in the Human Resources and Talent Development Office in Academic Services Center Room 1000 on Scott Park Campus and also in the Facilities Support Building on Health Science Campus.

Employees also can set up appointments to speak with a benefits representative.

Open enrollment will end at 11:59 p.m. Friday, Nov. 14.

Luncheon to raise funds for scholarships, recruit new members

he University Women's Commission will serve up lunch Thursday, Oct. 23, at noon in the Savage Arena Joe Grogan Room.

On the menu: baked potato bar with garden salad, beverages and dessert, along with helping students.

"Since 1981, the University Women's Commission has provided more than \$77,000 in scholarships to undergraduate women," said Kelly Andrews, senior associate athletics director/senior woman administrator in Intercollegiate Athletics, who is chair of the commission. "One hundred percent of our membership proceeds go to scholarships for women at The University of Toledo."

More members means the commission can offer more scholarships.

"Our goal is to help as many deserving students as possible," Andrews said.

Women and men of the campus community are invited to join the

University Women's Commission

commission. Annual membership costs \$25 for UT employees and \$10 for students, and is tax-deductible.

Join or renew your membership by sending a check payable to the University Women's Commission to Kelly Andrews, Mail Stop 302, or go to utoledo.edu/commissions/uwc/membership.html.

The membership luncheon is free of charge, but RSVPs are requested to synita.gates@rockets.utoledo.edu.

For more information, contact Andrews at kelly.andrews@utoledo.edu or 419.530.2810.

Software development CEO

continued from p. 2

"I appreciate their willingness to serve our nation on these important issues, and I look forward to working with the council to advance innovation and cultivate a skilled work force for today's 21st century jobs."

The council's overarching focus is recommending transformational policies to the secretary that will help U.S. communities, businesses and the work force become more globally competitive. Members, who will serve two-year terms, were chosen based on their abilities to carry out the objectives of the council. All of the appointees have demonstrated expertise and experience in the areas of innovation, entrepreneurship and work force skills.

Under Balasia's leadership, Digerati has created a number of nationally recognized software solutions including InsYght and Classroom to Career.

In memoriam

Joan L. Baumann, Toledo, a former employee who worked in the UT Registrar's Office, died Oct. 2 at age 87.

Dr. Samuel L. Karr, Louisville, Ky., died Oct. 3 at age 86. He was a clinical associate professor of medicine from 1970 to 1972, and later a clinical assistant professor.

David M. Showalter, Temperance, Mich., a former instructor who taught management classes, died Oct. 3 at age 87.

Faculty and staff:
Please mark your calendars for a
University-wide holiday gathering.

The President's Holiday Reception will take place
Wednesday, Dec. 10, from 3:30 to 6:30 p.m.
in Savage Arena.

Please look for an invitation in November.

OCT. 13, 2014 NEWS

Johns Hopkins professor to discuss electricity and the brain

By Cassandra DeYoung

lectricity as a medical treatment has changed over the years. These advancements will be the topic of the sixth annual S. Amjad Hussain Visiting Lecture in the History of Medicine and Surgery on Thursday, Oct. 16.

Dr. Peter W. Kaplan, professor of neurology and director of epilepsy and electroencephalogram at Johns Hopkins Bayview Medical Center, will come to The University of Toledo to present "Electricity and the Brain — From Mary Shelley's Dr. Frankenstein to Now."

The free, public lecture will be at 5 p.m. in Health Education Room 100 on UT's Health Science Campus.

Kaplan will cover practices that were performed by scientists and educational institutions during the 18th century and how they led to today's knowledge of the brain.

The visiting professor received his medical training from St. Bartholomew's

Medical School, University of London, and completed his residency in neurology at Duke University School of Medicine, where he also completed fellowships in epilepsy and clinical neurophysiology.

He has written many works involving his specializations in clinical neurophysiology, epilepsy, epilepsy and pregnancy, and neurology, including *Neurologic Disease in Women, Imitators of Epilepsy* and *A Practical Handbook for Neurology Consults*.

The lecture series is named after Dr. S. Amjad Hussain, an award-winning writer and photographer and an internationally known explorer. Hussain holds an emeritus professorship in cardiothoracic surgery in the UT College of Medicine and Life Sciences and currently sits on the UT Board of Trustees.

To RSVP, contact Karen Edwards at k.edwards@utoledo.edu or call 419.383.5416.

You are invited to attend 6TH ANNUAL S. Amjad Hussain VISITING LECTURE IN THE HISTORY OF MEDICINE AND SURGERY The University of Toledo College of Medicine and Life Sciences Thursday, October 16, 2014 ≈ 5p.m. "Electricity and the Brain from Mary Shelley's Dr. Frankenstein to now." by Peter W. Kaplan, MB, BS, FRCP Professor of Neurology Johns Hopkins University School of Medicine The University of Toledo has created the Annual Lectureship in the history of medicine and surgery to honor Dr. S. Amjad Hussain's deep interest in many diverse fields including the history of medicine. Dr. Hussain is an emeritus professor of thoracic and cardiovascular surgery in the Department of Surgery at The University of Toledo College of Medicine and Life Sciences. Health Education Building Room 100 Health Science Campus RSVP to k.edwards@utoledo.edu or 419.383.5416 by Monday, October 13. Reception to Follow

Ecology class

continued from p. I

buckthorn and planted pine trees, have taken over parts of the preserve and changed habitats, Gauger said.

Crail explained that these invading species need to be managed in order to preserve the historic ecosystems.

This is done by cutting and applying herbicide to kill the unwanted plants, followed by more natural means such as controlled fires.

"If you don't manage wet prairies, you just don't have wet prairies," he said.

Each week, the response of ecosystems being managed at Kitty Todd and other preserves is measured by the students in the general ecology laboratory (EEES 3060). Gauger said the class's efforts have been very helpful in assessing what should continue and what can be done differently.

"They find out the stuff that I can't find out; I don't have time to push probes into the ground and figure out the soil," he said. "I've got to be actually doing things on the landscape. [The class] provides me with the information, as a manager, to figure out what I'm doing and how I'm affecting this positively or negatively."

Gauger said he is always looking for new, holistic ways to preserve the ecosystem. He also prides himself in sharing his work with other preserves that have opportunities to apply these conservation methods at their sites.

The class also will be working at Irwin Prairie State Nature Preserve and Southview Savanna throughout the semester.

Crail's students said they find the class and the work they're doing rewarding.

"Thankfully, it was required because this is probably the coolest class I've ever taken," said Corinne Whewell, a senior environmental science major with a focus in geology. "I'm literally holding a large lump of soil in my hands. My fingers are dirty, I'm outside, and other people are sitting in a classroom right now."

The course offers field experience, allowing students to learn professional



Photo by Todd Crail

GOOD EARTH: Corinne Whewell showed lab mates Jesse Baum and Holly Hutchison a plug of rich, wet soil at Kitty Todd Nature Preserve. Environmental science students are collecting data from nature preserves in the Oak Openings region to offer advice on future land management.

skills in a real-life setting, which Whewell said makes the class stand out from other ones she's taken. She also pointed out that in her major, no one likes being stuck inside, making the class all the more enjoyable.

Jesse Baum, a senior science education major, said that he feels the class work he's doing is necessary to preserve the wet prairie ecosystem.

"This is it," he said. "We are the only place like this. But we don't talk about it; no one really knows that. People think of saving the rain forest, but this is our version of the rain forest and it has plenty to offer."

Gauger said you don't have to be a student to volunteer at Kitty Todd; anyone can help. To sign up, visit http://utole.do/naturevolunteers.

Kitty Todd Preserve is open to the public Monday through Friday, 9 a.m. to 5 p.m., and the first weekend of the month from May through October. During open weekends, guided hikes are offered on Saturdays at 2 p.m. There also are volunteer workdays on the first and third Saturdays of each month.

For more information, contact Gauger at rgauger@tnc.org or Crail at todd.crail@utoledo.edu.

ARTS OCT. 13, 2014

Local charity to bring laughs to community at fundraiser

By Lindsay Mahaney

aughter is the best medicine, especially when it brings awareness to social issues in the community.

"Free to Laugh," a national comedy concert tour that has raised nearly \$400,000 for child sex trafficking survivors, will stop in Toledo this month.

Comedians Carlos Oscar, Daren Streblow and Bob Stromberg will do two shows at 5 and 8 p.m. Saturday, Oct. 18, in UT's Nitschke Hall Auditorium. The show will raise money for the Daughter Project, a Toledo faith-based organization that offers healing services to girls and women who have been freed from sex traffickers.

Toledo is ranked fourth in the nation for sex trafficking with an estimated 1,800 people trafficked in Ohio at any given time.

"People think this happens in New York and Chicago, that it's not a problem here, but it is," said Jeff Wilbarger, director of the Daughter Project. "It's a real issue. Trafficking takes place everywhere." Wilbarger, who is also a UT alumnus and a former UT mathematics faculty member, said that the comedians all have clean humor, making the show appropriately funny for all ages.

"We want it to be a family show," he said. "There won't be any crude jokes or foul language."

Sponsors for the show, including Munn Wealth Management, The Andersons, Mannik Smith Group, Haven of Hope, The University of Toledo and Nova Faith Community, ensure that the event is entirely paid for so that 100 percent of the proceeds are donated to the Daughter Project, Wilbarger said.

Tickets cost \$20 and can be purchased at Georgette's Grounds & Gifts, located at 311 Conant St., Maumee, or online at http://utole.do/daughterproject.thedaughterproject.cloverdonations.com/free-to-laugh-tickets.

For more information, visit thedaughterproject.org.

To eradicate commercial sextial exploitation everywhere FREETO LAUGH: FREETO LA

International director of photography to visit University

Simon Huber will be at UT Monday and Wednesday, Oct. 20 and 22, to teach master class workshops in motion picture photography, give student critiques, and publicly screen his work.

Huber

Huber, a Swiss-based director of photography for advertising, feature films and social documentaries, works globally in some of the world's most scenic and fascinating places: Cameroon, Central African Republic, Nepal, Egypt, Vietnam, Europe, Russia, the United States.

He makes social documentaries for FAIRMED, a Swiss organization that works to eradicate poverty-related diseases in the Central African Republic.

His professional experience shooting commercials for international brands includes Samsung, Danone, Coca-Cola, Polkomtel, Jack Wolfskin and Emmentaler, has positioned Huber among leading European commercial cinematographers.

In addition to commercial work, Huber has been a director of photography on several short and feature films. Recently, he shot the mountain scenes for the 2013 Bollywood blockbuster science fiction film "Krrish3" directed by Rakesh Roshan and starring Indian heartthrobs Rakesh and Hrithik Roshan. Huber's latest feature film, "Lässt die Alten Sterben" directed by Juri Steinhart, will be released in 2015.

Since 2012, Huber has been a board member of the Swiss film-political association Bern for the Film, and he is a member of Syndicat Suisse Film et Video, an association that represents technicians, designers and actors in the Swiss film industry.

As a director of photography, he serves as a guest lecturer at universities in Switzerland and in the United States.

Huber will work with Holly Hey, associate professor and associate chair in



the UT Department of Theatre and Film, to teach advanced techniques in exterior night shooting, camera blocking, and the logistical practices of a director of photography.

All lectures and demonstrations are open to interested UT students. For more information, contact Hey at holly.hey@utoledo.edu.

The public screening of Huber's work will take place Monday, Oct. 20, at 7:30 p.m. in Center for Performing Arts Room 1039. Admission is free for UT film majors, \$3 for students and \$7 for general admission.

For more information, contact Angela Riddel at 419.530.2452.

OCT. 13, 2014 **SPORT**

Rocket Roundball Social to be held Oct. 16

By Steve Easton

he Toledo men's basketball program is hosting its annual Rocket Roundball Social on the main floor of Savage Arena Thursday, Oct. 16, from 6 to 8 p.m.

All proceeds from the event will go directly to The University of Toledo Men's Basketball Progress Fund.

The Rocket Roundball Social, which is an event that has grown into a UT basketball tradition, offers individuals the opportunity to meet Head Coach Tod Kowalczyk, his staff and players while eating food from some of Toledo's finest restaurants.

Former college basketball coach and current ESPN game/studio analyst Dan Dakich will serve as the event's guest speaker.

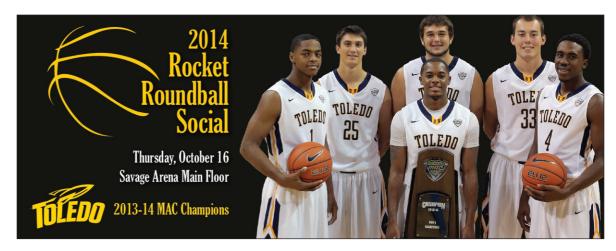
Kowalczyk is entering his fifth season at UT's helm and has orchestrated a dramatic turnaround since his arrival in 2010. Toledo set a school record with 27 victories in the 2013-14 campaign, in

addition to capturing its eighth Mid-American Conference title, appearing in its eighth National Invitation Tournament in program history, and posting its first unbeaten (15-0) home record (fourth in school history) since the 1966-67 season.

The Rockets return eight letterwinners and four starters,

including first-team All-MAC guard Julius Brown, third-team All-MAC guard Justin Drummond and honorable-mention All-MAC forward J.D. Weatherspoon.

A silent and live auction will be held during the evening with some of the items available for purchase including a road trip with the Rockets, all-access program pass



for a game, Toledo basketball apparel and assorted memorabilia.

Individual tickets are \$75 and a reserved table of 10 is \$1,000.

Payments can be made via cash, credit card or check. Checks should be made payable to the UT Foundation.

Reserve tickets by email at toledombb@gmail.com or contact Assistant Coach Jason Kalsow at 419.530.7739.

Wanted: Nominations for 2015 Varsity 'T' Hall of **Fame**

ominations for the 2015 class of the Varsity 'T' Hall of Fame are being accepted through Monday, Oct. 27

The Hall of Fame Banquet will be held Friday, Jan. 16, in Savage Arena, with the 2015 class being presented at the men's basketball game Saturday, Jan. 17.

Nominations may come from any source. Nominations from previous years automatically carry over to the next year. Nomination criteria are:

- Any athlete who has performed with distinction at The University of Toledo. The athlete need not necessarily be a graduate.
- Any athlete who has been out of UT for at least five years and who has demonstrated good citizenship since leaving the University. For the 2014 class, nominees must not have been active on or after July 1, 2009.
- Any coach, administrator, trainer, etc. who has served the University with distinction for a period of at least five years and who has been retired or resigned or otherwise disenfranchised from his/her position for a period of at least five years. For the 2015 class, nominees must not have been active on or after July 1, 2009.

Send the nomination form, which can be found at http:// utole.do/varsitytnomination, along with all other supporting ${\rm data-newspaper\,clippings}, {\rm statistics}, {\rm etc.-to}:$

Paul Helgren

The University of Toledo Athletic Media Relations Office Mail Stop 302 2801 W. Bancroft St. Toledo, OH 43606

Email: paul.helgren@utoledo.edu

Toledo team doctor

continued from p. I

"This is a great honor not only for Roger, but for The University of Toledo, as well," O'Brien said. "There is nothing more important than the safety and welfare of our student-athletes. Roger will do a great job providing the perspective that only someone with his experience and expertise can offer. He is a perfect example of the kind of national reputation for leadership you will find throughout our great university."

In addition to private practice and his responsibilities at UT, where he also is a clinical assistant professor of family medicine, Kruse is a drug crew chief for the U.S. Olympic Committee, and served in the 1994 Winter Olympic Games in Lillehammer, the 1996 Summer Olympic Games in Atlanta, 1998 Winter Olympic Games in Nagano, and the 2002 Winter Olympic Games in Salt Lake City. He was the head physician for the United States Olympic Team in Nagano.

Kruse also has been in charge of drug testing at many major national and international events. He has served as drug crew chief for the Boston and New York marathons, and track and field during the 1996 Summer Olympic Games. He also served as the director of sports science for the United States Figure Skating Association and is in charge of all figure skating camps at the Olympic Training Center in Colorado Springs. His field of expertise is performance enhancement programs and he writes many of the programs for the Olympic figure skaters.

According to the NCAA's website, there are 20 members of the committee. Kruse is one of three members of the Committee on Competitive Safeguards and Medical Aspects of Sports, which must come from the field of

medicine. The committee is charged with the following duties:

- Promote and sponsor research to address relevant health and safety issues;
- · Advance education to enhance the health and safety
- Operate a national injury surveillance program to monitor injury trends and enhance safety in intercollegiate athletics:
- Deter the use of NCAA banned substances in order to promote fair competition and safety;
- Facilitate outreach activities to enhance studentathlete health and safety; and
- Provide a health and safety perspective on relevant legislation and policy.

The Committee on Competitive Safeguards and Medical Aspects of Sports has two subcommittees, the Drug-Education and Drug-Testing Subcommittee, and the Sports Sciences Safety Subcommittee. The Drug-Education and Drug-Testing Subcommittee provides the NCAA membership direction on alcohol, tobacco and other drug abuse prevention programs, research and grants, and oversees the NCAA drug-testing program. This committee is charged with hearing drug-test appeals. The Sports Sciences Safety Subcommittee provides guidance on sports specific health and safety research and policy issues. This subcommittee also edits the NCAA Sports Medicine Handbook. All subcommittee recommendations are reviewed for approval by the full committee.

NEWS OCT. 13, 2014

UT ready to give again with annual charity campaign

By Lindsay Mahaney

ith a goal of \$125,000, The University of Toledo Community Charitable Campaign is ready to jumpstart a new year.

Better known as UTC3, the campaign is the University's annual charity drive offered in conjunction with local organizations Community Health Charities, Earth Share Ohio and Community Shares Northwest Ohio. The campaign began Sept. 8 and runs through Thursday, Dec. 11.

There are more than 200 local, regional and national organizations available for donors to give to. Donors also have the option to write in their charity of choice if it's not already listed.

"The University of Toledo's mission to 'improve the human condition' is one that we all live by, and UTC3 gives you the opportunity to do just that," said Tod Kowalczyk, UT head men's basketball coach and this year's UTC3 chair. "Everyone's reasons to give and support charity are different and with the UT Community Charitable Campaign, there is a cause that you will want to support."

Each week emails will be sent to employees with information linking them to the online pledging system and detailing stories of those affected by these organizations and how they've been helped.

In one email, Kowalczyk described the charitable work of Partners for Clean Streams, an organization teaming up with UT to promote clean rivers, building stewardship of our rivers, and inspiring the next generation of citizens to work toward a better environment.



"As a University, it is important that we give our time and our gifts to these charitable organizations that need our engagement and support," said UT Interim President Nagi Naganathan. "Even though this campaign only lasts several weeks, we should have an ongoing awareness of these establishments that we should give to year

Donors who give will receive a gift for their contributions of:

- \$25 UT tote bag;
- \$100 UT insulated tote and insulated water bottle;
- \$250 jolt charger;
- \$500 UT radio frequency identification (RFID) document holder: or
- \$750 both the RFID holder and the jolt charger.

Additionally, donors who give \$75 or more are invited to the UTC3 victory celebration Thursday, Dec. 11, in the Savage Arena Grogan Room.

For more information or to make an online donation, visit http://utole.do/utc3donate.

Donations also can be turned in to UTC3 representatives:

- Donna Braswell, Wolfe Hall Room 1235L, Mail Stop 601;
- Vicki Riddick, Morse Center, Dowling Hall Room 3347, Mail Stop 1084.

Shop around

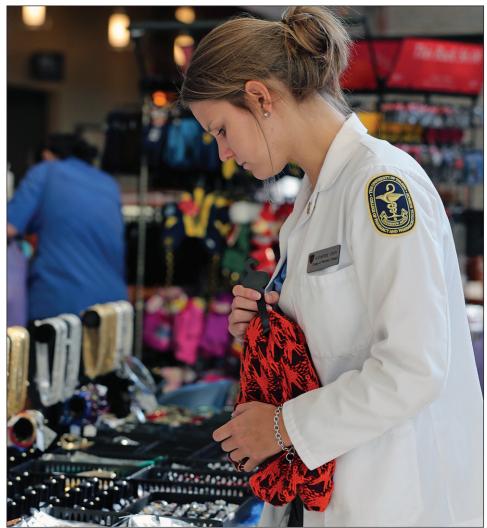


Photo by Daniel Miller

Pharmacy student Katherine Groh checked out the Satellites Auxiliary's sale last month.

New menu for UTMC

continued from p. I

- A variety of grilled and fried options;
- Fresh eggs and omelets;
- Pizza
- One hot soup of the day;
- A grab-and-go sandwich and salad station;
- Parfaits and ice cream;
- A full deli, including a bagel and bread bar;
- Bistro options; and
- A variety of beverage choices.

Family members visiting patients also are welcome to order from the expanded menu.

"We want to ensure a positive work environment for all of our employees, regardless of what time they work or what their job duties entail," said Dr. Carl Sirio, vice president for medical affairs, chief medical information officer, associate dean for clinical affairs and professor of medicine.

"This program was in response to what Dave Morlock [UTMC CEO and executive vice president for finance and administration] and Dr. Sirio heard while rounding with our respected third-shift team members," Toussaint said. "The team spoke, and the leadership team listened and acted on this important request."

UTNEWS

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OCT. 13, 2014 **NEWS**

Vaccinations available to prevent spread of influenza

By Lindsay Mahaney

he University of Toledo community has an opportunity to combat cold and flu season by getting an influenza vaccination this fall.

Walk-in clinics are available on Health Science and Main campuses during October and early November to provide vaccinations.

The vaccine is quadrivalent, containing weakened influenza virus of A/California/07/2009(H1N1), A/ Texas/50/2012(H3N2), B/Massachusetts/02.2012 (B Yamagata lineage) and B/Brisbane/60/2008 (B Victoria lineage), according to Dr. Susan Batten, UT associate professor of nursing.

"It's important to protect students, staff and faculty as much as possible from getting the influenza viruses," Batten said. "Getting the flu causes aches and fever, and costs money out of pocket for over-the-counter drugs that only help with symptom management. When health-care providers, UT staff and faculty miss work, it creates replacement expenses for the University. And the student misses important classes and tests."

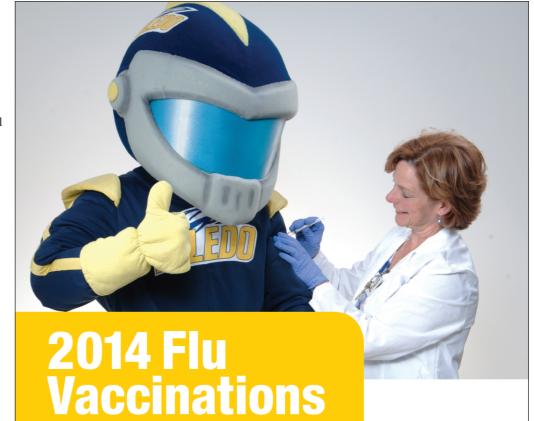
According to the Centers for Disease Control and Prevention, influenza infects thousands of people nationwide each year; annual vaccination against seasonal influenza is recommended for adults to reduce the risk of becoming ill or transmitting the virus to others.

UTMC employees involved with patient care are required to get the vaccination or wear a yellow surgical mask for the duration of influenza season as a precaution to prevent illness from spreading. However, the vaccination is also free and available to all UT employees and students with valid IDs.

Clinics are available:

- Monday, Oct. 13 Dowling Hall from 8 to 11 a.m. and Glendale Medical Center from 11:30 a.m. to 1 p.m.
- Tuesday, Oct. 14 Records Retention Center from noon to 2 p.m.
- Wednesday, Oct. 15 UT Medical Center third floor from 7 a.m. to noon.
- Thursday, Oct. 16 UTMC second floor from 7 a.m. to noon.
- Friday, Oct. 17 Facilities Support Building from 8 to 11 a.m.
- Monday, Oct. 20 Ruppert Health Center from 8 to 11 a.m.
- Tuesday, Oct. 21 UTMC first floor from 7 a.m. to noon.

- Wednesday, Oct. 22 UTMC ground level from 7 a.m. to noon.
- Thursday, Oct. 23 Mulford Library from 7 a.m. to noon.
- Friday, Oct. 24 Dowling Hall from 8 to 11 a.m.
- Monday, Oct. 27 Eleanor N.
 Dana Cancer Center from 8 to
 11 a.m. and Glendale Medical
 Center from 11:30 a.m. to
 1 p.m.
- Tuesday, Oct. 28 Health Education Building front lobby from 8 a.m. to 3 p.m.
- Wednesday, Oct. 29 Collier Building front lobby from 8 a.m. to 4 p.m.
- Thursday, Oct. 30 Collier Building front lobby from 8 a.m. to 3 p.m.
- Friday, Oct. 31 Student Recreation Center from 10 a.m. to 2 p.m.
- Monday, Nov. 3 Dowling Hall Room 2253 from 9 to 11 a.m. and UTMC sixth floor from 7 to 10 a.m.
- Tuesday, Nov. 4 UTMC fifth floor from 7 to 10 a.m. and Stranahan Hall lobby from 8 a.m. to 3 p.m.
- Wednesday, Nov. 5 UTMC fourth floor from 7 to 10 a.m., Memorial Field House from 8 a.m. to noon and the Law Center from 1 to 5 p.m.
- Thursday, Nov. 6 UTMC Four Seasons Bistro atrium from 7 to 10 a.m. and from 7 to 10 p.m., and Health Science and Human Service Building lobby from 8 a.m. to 3 p.m.
- Friday, Nov. 7 UTMC third floor from 7 to 10 a.m. and Ruppert Center from 8 to
 11 a m
- Monday, Nov. 10 UTMC second floor from 7 to 10 a.m. and Dowling Hall Room 2315 from 2 to 4 p.m.
- Wednesday, Nov. 12 UTMC Four Seasons Bistro atrium from 7 to 10 a.m. and from 7 to 10 p.m., and Rocket Hall lobby from 8 a.m. to 4 p.m.
- Thursday, Nov. 13 Family Medicine Clinic from 7:30 to 8:30 a.m., UTMC ground floor from 7 to 10 a.m. and Student Union from 8 a.m. to 2 p.m.
- Friday, Nov. 14 UTMC first floor from 7 to 10 a.m. and Eleanor N.



are available beginning October 6 for all UTMC faculty, staff students and volunteers!

YOU MUST EITHER:

- Receive your vaccination
- Provide documentation that it has been received at another facility
- Electronically sign your declination

For a list of dates, times and locations or to declare or decline your vaccination click on the 2014 Flu Shot icon on your computer's desktop or visit: WebInfluenzaApp.Utoledo.Edu



Dana Cancer Center from 8 to 11 a.m

- Monday, Nov. 17 Dowling Hall from 8 to 11 a.m.
- Tuesday, Nov. 18 Health Education Building front lobby from 8 to 11 a.m.
- Wednesday, Nov. 19 Collier Building front lobby from 8 to 11 a.m.
- Thursday, Nov. 20 Mulford Library from 8 to 11 a.m.
- Friday, Nov. 21 UTMC sixth floor from 7 to 11 a.m.

- Monday, Nov. 24 UTMC fifth floor from 7 to 11 a.m.
- Tuesday, Nov. 25 UTMC fourth floor from 7 to 11 a.m.
- Wednesday, Nov. 26 UTMC second floor from 7 to 11 a.m.

In addition to getting vaccinated, Batten recommends washing your hands frequently, avoiding large crowds and individuals with viral infections, sneezing into your elbow if you don't have a tissue, and keeping your hands away from your face.