Public invited to share at '7 Countries, 7 Stories' open-mic night

By Christine Billau

The University of Toledo is hosting a night of open-mic storytelling about heritage and identity to encourage the community to better know and understand one another. The event follows a March Against Injustice organized by students in response to President Donald Trump's executive order banning travel to the United States from seven countries for 90 days.

The free, public event titled "7 Countries, 7 Stories" will take place Wednesday, Feb. 15, from 7 to 9 p.m. in the Thompson Student Union Auditorium.

Participants who share stories will be limited to four minutes each.

"It becomes a lot harder to paint
a group of people with a wide brush
once we've heard each other's stories,"
Hedyeh Elahinia, co-president of the
UT Muslim Students Association and
sophomore studying biology, said. "We
all have something to tell, be it funny,
tragic, intimate, happy, long, short or silly.
Listening forces us to see individuals rather
than labels. We hope this event can serve to
help our community members humanize one
another and look past each other's labels."

"7 Countries, 7 Stories" was organized by the UT Muslim Students Association and the UT Office of Diversity and Inclusion in partnership with the UT Black Student Union, Latino Student Union, the Gamma Nu chapter of Iota Phi Theta Fraternity Inc., and the International Students Association. It is sponsored by the Center for International Studies and Programs, Jesup Scott Honors College, and Division of Student Affairs.

"This is an evening of short stories from our community about our community," said Dr. Willie McKether, vice president for diversity and inclusion. "The University is stronger when we value everyone, regardless of difference. We're proud of our students for embodying that spirit of inclusion by taking the lead in organizing this inspired event, as well as the recent rally."

Food also will be provided, including halal and vegetarian options.

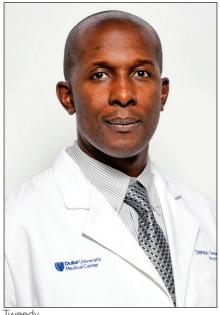
For more information, go to facebook.com/events/614406565418483.



Physician/author to discuss health and race

By Vicki L. Kroll

eing black can be bad for your health — Dr. Damon Tweedy wrote



about hearing that as a first-year medical student at Duke University in 1997.

His book, "Black Man in a White Coat: A Doctor's Reflections on Race and Medicine," became a New York Times Bestseller and was one of Time magazine's top 10 nonfiction books in 2015.

"From the beginning of life to the very end — and everywhere in between — African Americans continue to experience disproportionately worse health outcomes," Tweedy said. "You can name pretty much any disease, and you're likely to find that it's either more common in black people; black people who get the disease have a worse course; or both of these conditions. There are a lot of factors involved with this, and I explore many of them in my book."

Tweedy will discuss race and health disparities Thursday, Feb. 16, at 7 p.m. in Collier Building Room 1200.

For several years, the assistant professor of psychiatry at Duke University Medical Center and staff physician at the Durham Veteran Affairs Medical Center has written and lectured on race and medicine. His articles have been published by The New York Times, the Chicago Tribune and The Washington Post, as well as by several medical journals.

In his book, he wrote, "Whether it is premature birth, infant mortality, homicide, childhood obesity or HIV infection, black children and young adults disproportionately bear the brunt of these medical and social ills. By middle age, heart disease, diabetes, stroke, kidney

Commencement ceremony to return to Glass Bowl

By Meghan Cunningham

The University of Toledo will again celebrate graduation day inside the Glass Bowl this spring in one campus-wide commencement ceremony to recognize all students.

The spring commencement ceremony will be held Sunday, May 7, at 10 a.m. inside the historic stadium rain or shine to recognize more than 2,000 candidates for doctoral, master's, bachelor's and associate's degrees across UT's colleges that operate on the traditional academic calendar.

"We are excited to return to one large graduation ceremony in the football stadium to celebrate all Rockets earning their degrees and to wish them well on their future success," Dr. Andrew Hsu, provost and executive president for academic affairs, said.

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FEB. 13, 2017

Hospital leader named UTMC CEO

an Barbee has been named chief executive officer of The University of Toledo Medical Center after serving in the role on an interim basis since June 1, 2016.

Barbee, who has nearly 25 years of combined clinical and health-care management experience, is responsible for the operational and strategic activities of UT's medical center and clinics that average each year more than 12,000 admissions, 36,000 emergency department visits and 250,000 ambulatory care visits.

"We are very happy that Dan will continue to lead UTMC in the future," President Sharon L. Gaber said. "He has proven himself to be a passionate, flexible and effective leader. Together with his team, I am confident Dan will continue to guide the hospital successfully in the changing health-care environment."

Prior to serving as CEO, Barbee was UTMC's chief operating officer and vice

president of clinical service. He joined the medical center in 2011 as chief nursing officer and associate executive director.

"I am honored for the opportunity to continue to lead our dedicated team of more than 2,300 employees and physicians who are committed to providing high-quality care in our community," Barbee said.

Barbee received a bachelor's degree in nursing from Illinois State University and a master of business administration degree from the University of Phoenix.

He serves as a trustee for the Hospital Council of Northwest Ohio and on the boards of The University of Toledo Medical Assurance Co. and Toledo/Lucas County CareNet. Barbee also is a member of the UT College of Nursing's advisory board and Mercy College of Ohio's nursing program advisory committee.



Dan Barbee, shown here talking last month at an information session to provide employees details about the hospital, was named chief executive officer of UT Medical Center.

AVP/director of residence life named

alerie Simmons-Walston is UT's new associate vice president of student affairs and director of residence life

She started her new post Jan. 9.

"Ms. Simmons-Walston brings a wealth of student affairs experience to her new role at UT," Dr. Kaye M. Patten, vice president for student affairs, said. "In her most recent role as dean of students at Brenau University in Gainesville, Georgia, she oversaw Residence Life staff, Career Services, Judicial Affairs, Office of International Studies, and the Office of Military/Veteran Affairs."

"I am excited to be at The University of Toledo," Simmons-Walston said. "I've enjoyed my first month on campus, and I look forward to learning more about this institution and getting to know more students, staff and faculty.'

Simmons-Walston said she is learning more about University's academic culture daily.

"Working with multiple offices campus wide, it is my goal to collaboratively serve our students well and retain them through graduation," she said. "I anticipate more opportunities to work with faculty and partner with my fellow colleagues in Student Affairs to develop and support innovative, noteworthy leadership programs for our students. It is our responsibility to ensure that our students graduate with a prepared advantage over their peers at other institutions."

She added she plans to continue attending athletic events: "The energy surrounding the games is contagious."



In 2012, Simmons-Walston received Brenau University's Haggerman-Thompson Excellence Award for her work with students, faculty and staff.

Prior to joining Brenau University, Simmons-Walston worked at Hampton University in Hampton, Va., and Johnson & Wales University in Providence, R.H. Early in her career, she was employed by the Norfolk Public School System in Norfolk, Va.

The Cleveland native received a bachelor of arts degree in sociology from Kent State University and a master of arts degree in counseling from Hampton University. Simmons-Walston is working on her dissertation for a doctorate in education from the University of Alabama in Tuscaloosa.

Additional parking garages absent from UT master facilities plan

By Christine Wasserman

hen University of Toledo faculty, employees and students provided feedback on a survey about on-campus parking in December, some asked whether the University planned to add more parking garages to help ease traffic congestion on Main and Health Science campuses.

"The short answer is, 'No for now," said Jason Toth, assistant vice president for facilities. "However, we've already studied investing in parking structures during the following 10-year window of our master facilities plan for UT.

"The trend at city-based universities tends to be more vertical than horizontal parking — that is, more garages than surfaced lots. But the issue we currently face during this first 10-year window of the plan is that parking garages are extremely costly, not only to build, but also to maintain."

Adding to the cost issue is that the state does not provide funding for the building, care or maintenance of parking facilities. Therefore, funding for university parking needs comes from parking fees and fines.

"As we continue to monitor parking needs, it's important to note that there already are enough parking spaces on our campuses, even during peak hours," said Sherri Kaspar, manager for public safety services. "However, drivers want to park as close to their classes and offices as possible. When that occasionally can't happen, they become frustrated.'

Kaspar noted that lower-demand lots are within only a 10- to 15-minute walk to most campus destinations.

Based on survey feedback provided by UT commuters, University officials continue developing a new parking management program, targeted for implementation in fall 2017. This new program is intended to offer more equitable parking choices for students, faculty and staff; promote use of lower-demand lots to help ease congestion; and encourage use of alternative and greener ways to commute.

NEWS FEB. 13, 2017

Reception set for longtime employee

ampus community members are invited to a retirement celebration for Chris Spengler Monday, Feb. 27, from 3:30 to 5:30 p.m. in the Driscoll Alumni Center Schmakel Center.



Spengler

Spengler began her career at the University in the Personnel Department in 1977. After serving as secretary for the Geology Department, she became executive secretary in

the Office of the President and assistant secretary to the UT Board of Trustees. She assisted three presidents — Dr. Glen Driscoll, Dr. James McComas and Dr. Frank Horton — and one interim president, John Stoepler.

In 1999, she transferred to the Division of Advancement, where she is director of advancement relations.

"We have been fortunate to have Chris as an important member of our UT family for so many years," said Brenda S. Lee, president of the UT Foundation. "Her contributions to the Advancement team, as well as the entire University community, are very much appreciated. She will be missed."

What's it been like to work at UT for 40 years?

"Every day has been fun — great people and a great place to work," Spengler said. "The University is so vibrant; there is something new to learn each day. I also have greatly enjoyed working with individuals who have shaped the University into what it is today. I have a favorite hard hat from my days in the President's Office that has my name on it along with a little saying: 'I'm in charge of the one in charge.""

In that power position for 20 years, Spengler has lots of stories and joked that she knows where the bodies are buried: "I even got my hands dirty. I helped bury Dr. Horton's dog on the grounds of the former president's house. He was out of town, and the burying crew was me, Carol Crum, the housekeeper, and George Stamos, the chef."

During the last four decades, Spengler has left her mark on the University. She founded the Presidential Ambassadors, the honorary organization where select students serve the Office of the President by fostering good relations between the student body and alumni, faculty, staff and donors by representing and promoting UT at various events. And in 2006, she played an integral role in the establishment of UT's Women & Philanthropy; she developed the bylaws for the collaborative effort of area women and the University's Division of Advancement. Since then, Spengler has served as administrative contact for the community of female philanthropists who support the mission and goals of the University.

Last year, Spengler and her husband, William, donated \$100,000 to the women's basketball program. The couple gave the funds to the UT Foundation to create a charitable gift annuity. The Spenglers have a long affiliation with Rocket athletics.

"You will continue to see me at all home football and basketball games cheering on our Rockets," she said.

No surprise Spengler is true to her school: She received an associate of applied business degree from UT's former Community and Technical College and a master of education degree from the University.

That dedication also will continue: "I haven't spent much time contemplating what I will miss because I plan on remaining a very active retiree and alumna," she said. "I'm going to be around a lot."

University Women's Commission to hold meet-and-greet event Feb. 20

ampus community members are invited to learn more about the University Women's Commission at its spring meet-and-greet Monday, Feb. 20.

The event will be held from noon to 1 p.m. in Student Union Room 3020. Pizza and refreshments will be served.

RSVPs are requested to marie.janes@utoledo.edu.

"This is a chance to join the University Women's Commission, a group that supports scholarships for women and recognizes outstanding women at the University each year," said Kelly Andrews, senior associate athletic director and senior woman administrator in Intercollegiate Athletics, who is chair of the commission.

She added 100 percent of the organization's membership dues support scholarships.

Anyone may join the commission at the luncheon for \$25, or go to https://give2ut.utoledo.edu/uwc.asp.



For more information, contact Andrews at kelly.andrews@utoledo.edu or 419.530.2810.

In memoriam

Kathryn J."Kathy" Reilly, Toledo, a UT employee from 1997 to 2002, died Feb. 3 at age 60.

Dr. Anson "Dutch" Spohler, Port Saint Lucie, Fla., who was the athletic team dentist for several years, died Jan. 23 at age 88. He graduated from the University in 1951 with a bachelor's degree in education and biology. Spohler played on the UT football team.

Researchers create online database to help inform public about harmful algal blooms in Lake Erie

By Ashley Diel

t's now easier for Toledo area residents and businesses looking for information about water quality and the health of Lake Erie to go directly to the source.

Researchers at The University of Toledo launched a website database containing hundreds of reports and studies discussing Lake Erie harmful algal blooms. In 2014, the city of Toledo issued a 'Do Not Drink' advisory for half a million residents for three days due to the level of the algal toxin microcystin detected in the drinking water.

The Ohio Department of Higher Education, with the assistance of the Ohio Sea Grant College Program, gave UT \$66,000 in 2015 to develop the database and support research related to harmful algal blooms.

The Lake Erie algal bloom online database project was a collaborative effort between Dr. Patrick Lawrence, professor in the Department of Geography and Planning, and associate dean of social and behavioral sciences in the College of Arts and Letters; Dr. Kevin Egan, associate professor in the

Department of Economics; and researchers from Ohio State University and Kent State University.

The database currently contains more than 300 reports, web links and key contacts, Lawrence said. The team plans to update the database and add more resources before the next algal bloom season.

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FEB. 13, 2017 ARTS

Role of arts in America to be examined at symposium

By Angela Riddel

The UT School of Visual and Performing Arts, and its partners, will present a dialogue on "The Role of Arts in Today's America" Monday, Feb. 20.

"The purpose of the symposium is to broaden the dialogue and to build a regional coalition with a voice," Debra A. Davis, director of the School of Visual and Performing Arts, said. "Our partners include the Toledo Museum of Art, the Arts Commission and the Toledo Symphony Orchestra."

The free, public event will feature four sessions and a lunchtime keynote address.

Will Lucas will give the keynote address. He is the founder and CEO of A William Lucas Co., which is home to several technology and media-related businesses, including Creadio, a brand marketing technology company servicing nationally recognized brands since 2007, and Classana, an online platform that helps companies organize educational resources. He also is a co-founder of ICON, a photography on-demand service, and is one of the few young minority TEDx organizers in the United States; he curates the Technology Entertainment Design talk in Toledo.

Lucas, who graduated from the University in 2015, was appointed to the UT Board of Trustees by Gov. John Kasich in February 2016. He serves as vice chair of the board's Academic and Student Affairs Committee and is a member of the Finance and Audit Committee.

Session topics will be "Our Current Artistic Moment," a timely subject exploring concerns about artistic responses to the current social and political moment; "Programming the Arts Across a Divide," which looks at the challenges of creating meaningful arts events across a range of divides — urban, rural, cultural, ethnic, economic and others; "Arts in Education," which examines how to ensure that the arts continue to occupy a valued place in the curriculum along with other disciplines; and "Arts and Community," which considers what is needed to sustain the organizations and projects that provide arts experiences and services to diverse communities.

A complete schedule, including information about the panelists, is available online at utoledo.edu/al/svpa/symposium/schedule.html.

The Arts Symposium will begin at 8:30 a.m. and conclude at 3 p.m. Sessions



Lucas

will take place in Thompson Student Union Room 2592, and the luncheon will be held in the Thompson Student Union Ingman Room.

Box lunches for the keynote address are available for purchase in advance. Attendees

do not need to order a lunch to attend the keynote address; they are welcome to bring their own lunch.

RSVP online at utoledo.edu/al/svpa/symposium or call 419.530.7356.

Pianist to perform at Art Tatum Memorial Jazz Scholarship concert Feb. 20

By Angela Riddel

nternational jazz pianist Phil DeGreg will be the guest artist for the 2017 Art Tatum Memorial Jazz Scholarship Concert, which will take place Monday, Feb. 20, at 7 p.m. in the Center for Performing Arts Recital Hall.

DeGreg is an accomplished jazz pianist, comfortable in a wide range of styles, ranging from mainstream to bebop to Brazilian jazz. His versatility has led to professional performances with dozens of internationally recognized jazz artists — Woody Herman, Dave Liebman, Dizzy Gillespie and many others — as well as leading and recording with his own groups. He has released 11 recordings as a leader and has been recorded as a sideman on many other jazz projects.

His most recent disc, "Melodious Monk," recorded with trumpeter Kim Pensyl and features the music of Thelonius Monk. All About Jazz magazine wrote: "[DeGreg] exhibits an excellent understanding of the complex

compositions, and the stride tradition from which Monk sprang ... they succeed because they have an undeniable affection for Monk, and their performance is top-notch ... Phil DeGreg's masterful piano interprets Monk brilliantly, and Kim Pensyl's trumpet is the perfect complement."

A native of Cincinnati, DeGreg completed a degree in psychology from Yale University before becoming a professional musician. After three years working and studying music in Kansas City, he finished a master's degree at the University of North Texas and subsequently toured the world for a year with Woody Herman's Thundering Herd.

DeGreg has presented lectures and demonstrations to the International Association of Jazz Educators, the National Group Piano Teachers Association, the Ohio Music Educators Association, the Ohio Music Teachers Association and the Music Teachers National Association, and has published articles for Jazz Player Magazine.

The concert is presented by the UT Department of Music Jazz Studies Program. Proceeds from ticket sales support the Art Tatum Memorial Jazz Scholarship, which benefits minority students who want to study jazz at the University.

DeGreg also will present a free master class for students Wednesday, Feb. 20, at 2 p.m. in the Center for Performing Arts Recital Hall.

Advance concert tickets are \$15 for general admission and \$10 for UT faculty, staff, alumni students and seniors 60 and older. Visit utoledo.tix.com or call 419.530.ARTS (2787). Tickets also will be available at the door.

To support the Art Tatum Scholarship, visit https://give2ut.utoledo.edu and search "jazz."



DeGreg

ARTS FEB. 13, 2017

UT to stage English-language debut of Korean play, 'The King and the Clown'

By Angela Riddel

The University of Toledo Department of Theatre and Film will present "The King and the Clown" Friday through Sunday, Feb. 17-19 and Feb. 24-26.

The play, written by Taewoong Kim, is popular in its native South Korea, according to Keeyong Hong, UT theatre student and director.



MAKE 'EM LAUGH: UT student Michael Vanderpool rehearsed a scene in the UT production of "The King and the Clown." He plays Gonggil, a clown.

Hong, a seasoned actor from Incheon, South Korea, is studying abroad at The University of Toledo.

Even though he has worked as an actor in his home country for more than 10 years, Hong said, "I wanted to come to the United States to study acting and directing formally."

He learned about UT's program when he attended a Linklater theatrical voice workshop presented by Haerry Kim. She recommended UT's Theatre and Film Department to Hong. Kim guest directed the UT production of "The Hothouse" in 2011.

Hong was impressed with the wealth of opportunities to perform, direct and work on a production at UT, and he enrolled as a theatre major. He is excited about directing his first UT production, "The King and the Clown."

"This play is very popular in Korea. In America, people always do plays written

by Shakespeare, Chekhov and other famous writers, but you don't often get to see a Korean play. I wanted to share the Korean culture with American audiences. This is a good play [for that] because it shows the Korean culture, but it also carries themes that people all over the world share — love, pain, sacrifice, relationships. These things are universal."

Some of the traditional Korean cultural themes Hong said audiences can expect to see are reflected in the clothing of the characters and their habit of sitting and sleeping close to the floor, which is done as the ground is often warmer than the air.

He also said Korean people show great reverence and respect for elders and invest much authority in their leaders. "In the play, they obey the king completely. He can kill anyone without a reason," Hong said.

The king's authority in this cultural context is at the center of the story of "The King and the Clown." Two clowns, Gonggil and Jaensaeng, offend the king, an act punishable by death. But the king grants them a reprieve if they can make him laugh. Fortunately, they manage to survive. Enamored by the lure of wealth and prestige, Gonggil soon becomes a favorite of the king, much to the dismay of his friend, Jaensaeng. Jaengsaeng is crushed because he believes Gonggil has sold his soul to win the king's favor.

Because of sexual content and profanity, this play is not recommended for audience members 17 and younger.

Cast members for "The King and the Clown" are UT students Moody Debert as Yeosan, the King; Michael Vanderpool as Gonggil, a clown; Tyler Mitchell as Jaengsaeng, a clown; Tessa Lee as Nogsu, the queen; Xaverie Baker as clown one; Kaitlynn Maccamey as clown two; Justin Petty as clown three; Kevin Upham as clown four; Yun Ji-Sang as a minister and chorus member; George Johnson III as Pansoojeong, a fortuneteller, and King Insoo; and Caris Croy as Hong, a eunuch, and chorus member.

Performance times are Fridays and Saturdays at 7:30 p.m. and Sundays at 2 p.m. All performances will be held in the Center for Performing Arts Center Theatre.

Tickets are \$8 for students; \$10 for UT faculty, staff and alumni, and military members and seniors; and \$15 for the general public. Call 419.530.ARTS (2787) or order online at utoledo.tix.com. Tickets also will be available at the door.

Health Science Campus Artist Showcase to open this week

The 12th Annual Health Science Campus Artist Showcase will open Friday, Feb. 17, and run through Friday, April 7, on the fourth floor of Mulford Library.

On display will be nearly 60 works — paintings, drawings, photographs and multimedia pieces — created by 30 students, faculty and staff members in health sciences, including medicine and nursing.

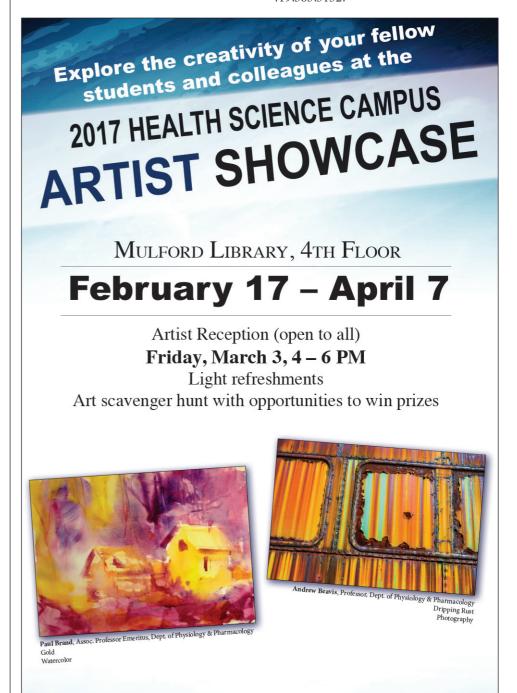
"This is a chance for individuals who are typically only associated with science to be seen for their creative side," said Jodi Jameson, assistant professor and nursing librarian at Mulford Library, and member of the artist showcase committee. "The showcase is a way of displaying their artwork and highlighting their talents."

In conjunction with the free, public exhibit, a reception with the artists will be held Friday, March 3, from 4 to 6 p.m. on the fourth floor of the library.

"Attendees will have a chance to win books on art and medicine by participating in an art scavenger hunt," Jameson said, adding that light refreshments will be served.

Visitors can view the artwork during regular library hours: Monday through Thursday from 7:30 a.m. to midnight; Friday from 7:30 a.m. to 7 p.m.; Saturday from 9 a.m. to 9 p.m.; and Sunday from 9 a.m. to midnight.

For more information, visit libguides.utoledo.edu/hscart or contact Jameson at jodi.jameson@utoledo.edu or 419.383.5152.



For more information visit http://libguides.utoledo.edu/hscart **Questions?** Call 419.383.5152 or e-mail jodi.jameson@utoledo.edu

FEB. 13, 2017 **NEWS**

Shapiro Essay Revision Contest offers prizes to student writers

By Madison Vasko

onday, Feb. 20, begins one of the most highly anticipated writing revision competitions among UT undergraduates. Presented by the Department of English Language and Literature, students from any major are invited to revise a badly written essay for a chance to win 15 prizes ranging from \$75 to \$500, with both freshmen and sophomores being guaranteed three of the prize spots.

"The Shapiro Essay Revision Contest is the largest and most inclusive writing contest on campus as all undergraduates are eligible to attend the contest sessions. They do not have to be enrolled in an English class to participate," said Dr. Deborah Coulter-Harris, senior lecturer in the UT Department of English Language and Literature, and director of the contest for the 10th year.

"This contest is meant to enhance the student experience at UT, and it reflects on the English Department's student-centered philosophy," she added.

Named after Dr. Edward Shapiro, professor emeritus of economics, the Shapiro Essay Revision contest seeks to recognize students for the craft of good writing. Prize money from the contest helps to defer the cost of tuition, fees and books for UT students.

No advanced registration for the contest is required, and students may attend

any of the nine available sessions. Pens, dictionaries and thesauruses are allowed, but electronic devices will not be permitted.

All contest sessions will be held in Memorial Field House Room 2420. Students should arrive with their supplies and UT ID 15 minutes early to register. Sessions will be held:

- Monday, Feb. 20, from 10 a.m. to noon and 2 to 4 p.m.
- Tuesday, Feb. 21, from noon to 2 p.m. and 7 to 9 p.m.
- Wednesday, Feb. 22, from 11 a.m. to 1 p.m.; 5 to 7 p.m.; and 7 to 9 p.m.
- Thursday, Feb. 23, from 5 to 7 p.m. and 7 to 9 p.m.

Submissions will be reviewed the week after the contest closes, and the judges will announce the winners the week after spring break. This year's judges from the English Department are Dr. William Free, professor; Michael Hiser, Sara Yaklin, Suzanne Smith, Dr. Elliot Adams and Dr. Rosemary Kurek, senior lecturers; and Alexandra DeRosa, visiting instructor.

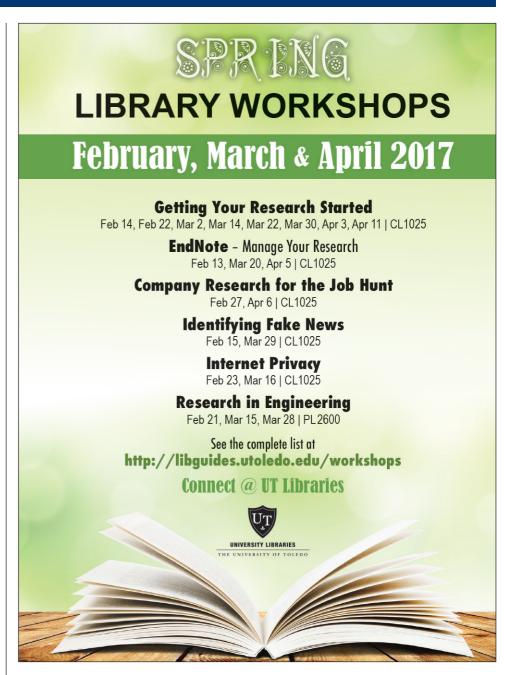
Winners of the competition will be invited to attend the Shapiro Festival gala in April.

For more information, contact Coulter-Harris at deborah.coulter-harris@utoledo.edu or 419.530.4416.



2017 SHAPIRO ESSAY REVISION CONTEST

IT'S THE WRITE TIME AND WRITE PLACE
TO WIN \$\$\$\$\$\$\$!



State of health



Photo by Daniel Mille

Richard Hodges, director of the Ohio Department of Health, discussed public health trends in the state during a recent stop at the University. He talked about how the Ohio Department of Health is addressing public health crises, including infant mortality and drug overdoses, by collaborating with state, regional and local public health organizations. In addition, Hodges visited the Jacobs Interprofessional Immersive Simulation Center, and he held a discussion with students in the College of Health and Human Services about the opioid epidemic.

HEALTH FEB. 13, 2017

Kids get active, eat healthy with Grow Well With Us program

By Ashley Diel

UT Family Medicine residents are promoting healthy lifestyles with nutrition education and physical activity with the Grow Well With Us program supported by the Ohio Medicaid Technical Assistance and Policy Program.

Grow Well With Us aims to teach kids how to make healthy lifestyle choices and is free for children and teens age 18 and younger.

Sessions are held once a week for an eight-week cycle. Each meeting lasts an hour and consists of a 30-minute interactive presentation focusing on nutrition prepared by a certified dietitian and 30 minutes of physical exercise led by an athletic trainer.

Participants take pre- and postquestionnaires, weights, physical fitness evaluations, and satisfaction surveys to evaluate their progress and provide feedback about the program.

Dr. Reem Tawfik, chief resident in family medicine and lead physician for Grow Well With Us, said after the first cycle of the program, parents saw their kids' behavior change according to what they had learned at the program.

"Moms used to attend the sessions with their kids, and many of them have told me that their kids started to read labels, look at the calories per serving, and started to try healthy choices that were mentioned in the diet lectures," Tawfik said. "We have even noticed that some of the residents who were delivering the lectures changed behavior and made healthier selections."

Participants will receive many incentives such as water bottles, sports bags, lunch boxes, T-shirts and more.

All of the sessions will be held at the Morse Fitness Center in Dowling Hall Room 3324 on UT's Health Science Campus.

The spring session for 2017 will run on Wednesdays, March 1, 8, 15 and 22 and April 5, 12, 19 and 26.



The fall session also will run on Wednesdays, Sept. 6, 13, 20 and 27 and Oct. 4, 11, 18 and 25.

Sessions will take place from 6 to 7 p.m.

For more information or to register for the free program, call 419.383.5502.

Physician/author

continued from p. I

failure and cancer have a suffocating grip on the health of black people and maintain this stranglehold on them well into their senior years."

"I wanted to put a human touch to these issues of racial health disparities examining how this impacts real people in everyday life," Tweedy said. "Many people are more likely to engage in these issues when they are presented as stories rather than simply as statistics.

"I also wanted to explore some of the unique challenges faced by African-American doctors — a largely unexplored perspective in popular medical narratives," he added.

His free, public talk is sponsored by We Are STEMM, a UT organization dedicated to empowering and inspiring students from underrepresented populations who are interested in science, technology, engineering, math and medicine. Led by faculty and staff, the group celebrates and supports diversity in several UT colleges: Natural Sciences and Mathematics; Engineering; Medicine and Life Sciences; Nursing; Pharmacy and Pharmaceutical Sciences; and Health and Human Services.

"I found Dr. Tweedy's book to be inspirational. While it reveals a story often heard in the community of underrepresented groups pursuing higher education, I think he has been able to deliver many aspects in a manner that may be enlightening and perhaps more palatable to those freed from this 'experience,'" said Dr. Anthony Quinn, assistant dean for diversity and inclusion in the College of Natural Sciences and Mathematics, and chair of We Are STEMM.

BLACK MAN IN A WHITE COAT



A DOCTOR'S REFLECTIONS
ON RACE AND MEDICINE

DAMON TWEEDY, M.D.

PICADOR

"In contemporary society, there is the perception that history can be wiped clean with a single piece of new legislation — no need to deal with lasting psychological scars inflicted by past overt and covert policies or the entrenched social norms that are retained and vigorously guarded for generations in spite of new laws," Quinn continued. "Dr. Tweedy brings out the adverse and lasting impact that discriminatory practices can have on individuals and society long past the time of those who initially implemented them."

Tweedy's talk is one of the University's events scheduled for Black History Month.

UTNEWS

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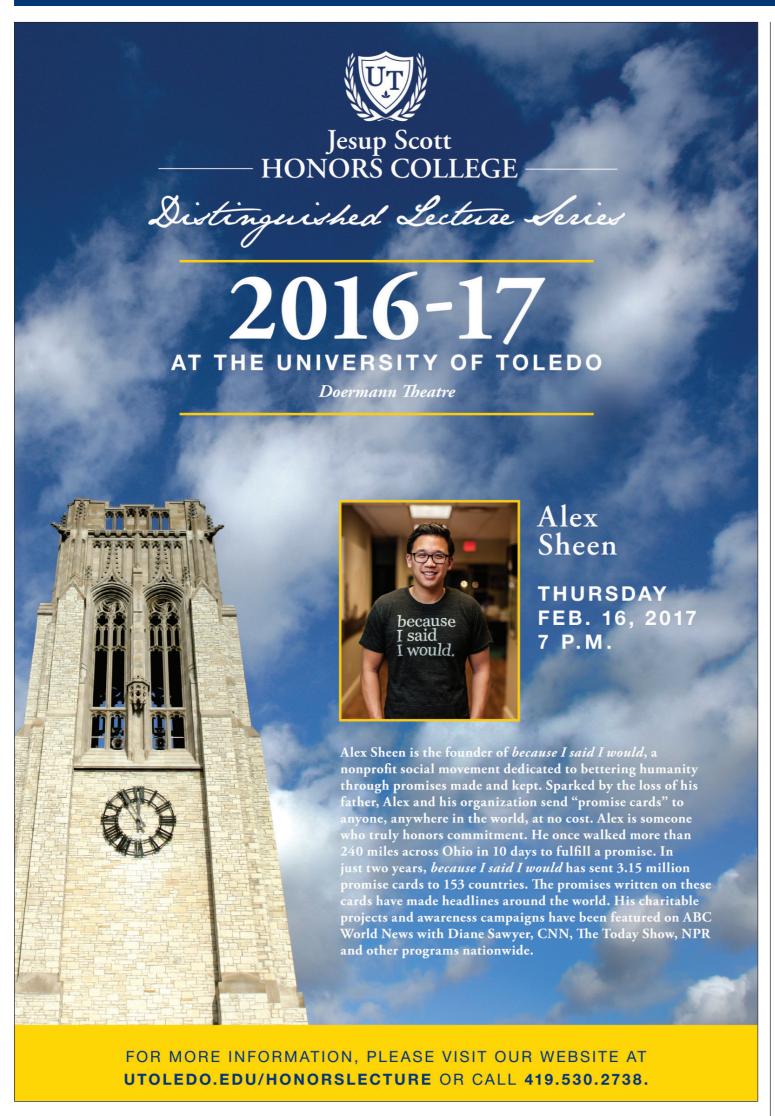
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Commencement

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In recent years, UT held its main fall and spring commencement ceremonies in Savage Arena, with several colleges opting to hold separate commencement ceremonies. Only the College of Law and College of Medicine and Life Sciences, which operate on a different academic calendar, will continue to celebrate commencement on different dates.

Prior to 1998, the Glass Bowl had historically been the site for UT's commencement celebrations. It hosted graduation again in 2008 when Savage Arena was undergoing renovations.

The Glass Bowl was built by the Works Progress Administration in 1936 for \$313,558 to seat 8,000 people. The football stadium has been renovated over the years, while keeping the atmosphere of the original facility intact, to now seat more than 26,000 Rocket fans.

For more information about the spring 2017 commencement, visit utoledo.edu/commencement.

Researchers

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"The intent is to help educate and inform stakeholders in the Maumee watershed by providing access to the best and most recent research and information so as to drive an open and participatory engagement with discussion about how we can all work collectively on a wide range of solutions to reduce the frequency, size and impacts of Lake Erie harmful algal blooms," Lawrence said.

The Ohio Department of Higher Education has funded more than 20 projects from several Ohio universities, including cost-benefit analysis for potential options to use wetlands as a form of natural storage and treatment of nutrients from farmland; economic issues associated with improving farm practices to reduce runoff of nutrients; and an assessment of the connections and interactions among stakeholders within the Maumee basin involved or interested in harmful algal blooms and possible measures to address and reduce them.

For more information about Lake Erie harmful algal blooms, the database can be found at lakeeriehabsis.gis. utoledo.edu.