| Name of Policy: | Obtaining prescription medications without certified medical indications | THE UNIVERSITY OF TOLEDO MEDICAL CENTER |
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| Policy Number: | 3364-100-70-01 | WIEDICAL GENTER |
| Department: | Hospital Administration | |
| Approving Officer: | Chief Executive Officer - UTMC Chief of Staff | |
| Responsible Agent: | Senior Hospital Administrator | Effective Date: 8/31/2023 |
| Scope: | The University of Toledo Medical Center and its Medical Staff | Initial Effective Date: 9/8/1982 |
| | | ical revision of existing policy |

(A) Policy Statement

The medical staff and house staff will only prescribe prescriptions at UTMC for patients in which they have established a provider-patient relationship. To prevent the prescribing of prescription medications to individuals without medical indications documented in the UTMC patient record.

(C) Procedure

- 1. "Hall scripts" are prohibited: If a request for prescription medications are made by phone or in person to a member of the medical or resident staff, and the person is not both known to the physician and known to have a valid medical indication for that prescription medication, the following procedures should be followed:
 - a. If the patient has been seen at the University of Toledo Medical Center ("UTMC") previously, refer them to their provider
 - b. If the medical problem urgent or the patient does not have a UTMC physician, refer the patient to the emergency room.
- 2. If diversion or drug seeking behavior to suspected notify the HSC Security at 419-383-2600.
- 3. Physicians may not self-prescribe or self-administer prescription medication using UTMC electronic or paper documentation.
- 4. Before initially prescribing an opioid analgesic or benzodiazepine to an outpatient, the prescriber must review patient information from OARRS that covers at least 12 months. An OARRS report must also include Michigan when practicing in Lucas County or another boarder county.
- 5. A physician shall prescribe controlled substances when treating a family member only in an emergency which shall be documented in the patient's record.
- 6. Prescribing any prescription medication to family members is highly discouraged by the University of Toledo and such prescriptions may not be covered by University of Toledo benefit plans.
- 7. For purposes of this policy, "family member" means a spouse, parent, child, sibling or other individual in relation to whom a physician's personal or emotional involvement may render that physician unable to exercise detached professional judgment in reaching diagnostic or therapeutic decisions.

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8. A physician shall complete and maintain accurate medical records reflecting the physician's examination, evaluation, and treatment of all the physician's patients.

| Approved by: | Review/Revision Date: | | | |
|--|-----------------------|----------------------------|------------|--|
| | | 7/30/84 | 10/22/2008 | |
| | | 4/15/86 | 5/25/2011 | |
| /s/ | | 6/26/87 | 5/1/2014 | |
| Richard Swaine | Date | 12/14/88 | 5/1/2017 | |
| Chief Executive Officer - UTMC | | 2/17/89 | 8/1/2017 | |
| | | 5/9/90 | 10/1/2019 | |
| | | 9/11/91 | 2/8/2023 | |
| | | 4/14/93 | 8/31/2023 | |
| /s/ | | 9/11/96 | | |
| Asif Mahmood, MD, DMD | Date | 6/9/99 | | |
| Chief of Staff | | 5/8/2002 | | |
| | | 5/11/2005 | | |
| Review/Revision Completed By: | | | | |
| HAS | | | | |
| Chairman, Pharmacy & Therapeutics Committee Director, Pharmacy | | Next Review Date: 8/1/2026 | | |