


<b>Name of Policy:</b> <u>Prescribing And Ordering Food &amp; Nutrition Products</u> <b>Policy Number:</b> 3364-104-330 <b>Department:</b> Food & Nutrition <b>Approving Officer:</b> Associate VP Patient Care Services/CNO <b>Responsible Agent:</b> Director, Food & Nutrition Chief Clinical Dietitian <b>Scope:</b> Food & Nutrition Clinical Nutrition	 <b>Effective Date:</b> 5/1/2019 Initial Effective Date: 8/2002
<input type="checkbox"/> New policy proposal <input type="checkbox"/> Major revision of existing policy	
<input checked="" type="checkbox"/> Minor/technical revision of existing policy <input checked="" type="checkbox"/> Reaffirmation of existing policy	

**(A) Policy Statement**

It is the policy of the hospital that only authorized individuals prescribe and order food and nutrition products.

**(B) Purpose of Policy**

To ensure that patients receive the most appropriate nutrition for their medical condition.

**(C) Procedure**

1. A diet order and/or order for nutrition supplement (Medical Food items like Boost Plus) must be entered by the physician or the registered dietitian in the patient’s electronic medical record before any food items will be sent.
  - Designated personnel may place a verbal order from the physician in the electronic medical record.
  - Every patient, even those who are NPO, must have a diet order.
  - Registered Dietitian’s are privileged to order nutrition supplements.
2. The diet order automatically interfaces with C-Bord card file in Food Service.
3. The order for the nutrition supplement will be entered by the FANS staff into C-Bord per Procedure for Ordering, Prescribing and Delivering Oral Nutrition Supplements.
4. Modifiers for diet orders will be interpreted as follows:
  - Diabetic Diet
    - Diabetic Female: 45g carbohydrate/meal, 30g for HS snack
    - Diabetic Male: 60g carbohydrate/meal, 30g for HS snack
  - Hearth Healthy/HTN/ CABG/Stroke: low fat, low cholesterol, 2g Na
  - Pancreatitis (Low fat): 50g/day
  - Low Phosphorus: milk is limited to 1/2c/day, meat portions are limited to 2-3oz./meal (800-1000mg)
  - Low Potassium: 2g/day (50mEq K)
  - Heart Failure/ Cirrhosis/ CRD/ ESRD (Low Sodium): 2g Na/day
  - High Calorie/High Protein: nutrition supplements, between meal and HS snacks added
  - Vitamin K restricted: consistent amount of vitamin K per meal is encouraged; high sources of vitamin K are permitted
  - Tyramine restricted: foods high in tyramine (e.g. aged cheese, aged meat, fermented soy products) will not be served
  - Fiber restricted: food sources high in fiber will not be served

<b>Approved by:</b>	<b>Review/Revision Date:</b>
_____ 4/29/2019 /s/ Michele Lovett RD, LD, CNSC Chief Clinical Dietitian Date	6/2005 6/2/2008 7/1/2011 12/13/2012 7/3/2013 5/1/2015 4/23/19
_____ 4/29/2019 /s/ Monecca Smith, MSN, RN Associate VP Patient Care Services/CNO Date	<b>Next Review Date:</b> 5/1/2022
<b>Policies Superseded by This Policy:</b>	