Name of Policy:	Living Renal Donor Selection	THE UNIVERSITY OF
Policy Number:	3364-140-03	TOLEDO
Department:	Kidney Transplant Administration (Nursing Service)	10/2
Approving Officer:	Chief Nursing Officer Director, Renal Transplant Program	
Responsible Agent:	Transplant Coordinator	
Scope:	The University of Toledo Medical Center	Effective Date: May 1, 2021 Initial Effective Date: October 23, 2007
		ical revision of existing policy n of existing policy

(A) Policy Statement

Initial screening of all potential living kidney donors to determine appropriateness for donation.

(B) Purpose of Policy

To identify potential living kidney donors.

(C) Procedure

- 1. Interview with potential donor either in person or via telephone. All potential candidates will be considered until ruled out medically.
- 1. Contraindications to donation include but are not limited to:
 - a. Heart disease
 - b. Diabetes mellitus
 - c. Active cancer or incomplete treatment of malignancy
 - d. History of cancer is subject to further discussion by the donor surgeon and the kidney transplant committee
 - e. Kidney disease
 - f. Hypertension with treatment of two anti-hypertensives, uncontrolled HTN, or HTN with evidence of end stage organ damage
 - g. BMI: Body habitus will be taken into consideration at the discretion of the donor surgeon
 - Absolute contraindication: BMI of 40 and above
 - Relative contraindication: BMI of over 35 and up to 40-potential donor can be evaluated for donation. Approval of donor BMI will be determined on a case by case basis. The team will take into consideration the ESRD Risk Tool for Kidney

donor Candidates, found at http://www.transplantmodels.com

- No contraindication: BMI 35 or less
- h. Chronic kidney infections
- i. Active kidney stone disease
- j. Lupus/autoimmune disorders. This will be discussed on a case by case basis
- k. Hepatitis C
- 1. HIV infection
- m. Other medical/psychosocial issues deemed inappropriate by donor committee including diagnosable psychiatric conditions requiring treatment before donation, including any evidence of suicidality
- n. Incapable of making an informed decision, <18 years of age or any of the combination
- o. High suspicion of donor coercion, high suspicion of illegal financial exchange between donor and recipient
- p. Evidence of acute symptomatic infection until resolved
- 2. Potential donor will be screened for above and informed if they are able to continue with the kidney donor transplant process (See Living Renal Donor policy).
- 3. All potential living donors will be considered for donation until medically ruled out by donor surgeon.

	Review/Revision Date: 12/7/07
Date	1/12/2010 8/7/12 2/1/13 9/23/14 5/21/15
Date	\begin{align*} 5/1/18 \\ 4/27/2021 \end{align*}
Review/Revision Completed By: Transplant Administrator, Transplant Coordinator	