


Name of Policy: <u>PRN Indications</u> Policy Number: 3364-133-103 Department: Pharmacy Approving Officer: Senior Hospital Administrator Chair of Pharmacy and Therapeutics Committee Responsible Agent: Director of Pharmacy Scope: University of Toledo Medical Center	 <p>Effective Date: 4/25/2022 Initial effective date 10/1/2014</p>
<input type="checkbox"/> New policy proposal <input type="checkbox"/> Major revision of existing policy	<input type="checkbox"/> Minor/technical revision of existing policy <input checked="" type="checkbox"/> Reaffirmation of existing policy

(A) Policy Statement

Physician orders for as needed medications (PRN) will contain all the required elements including indication for use. When an indication is not indicated by the prescriber the FDA approved indication approved by the pharmacy and therapeutics committee will be the defined indication for use.

(B) Purpose of Policy

In accordance with The Joint Commission, all medications must have an indication for PRN use. This policy will decrease confusion amongst the nursing staff as to the intent of a medication.

(C) Procedure

1. Order for a PRN medication is entered by the medical team. The prescriber may indicate any appropriate indication outside of this policy in the written or electronic order.
2. If no indication is provided the pharmacist and the pharmacy informatics system will assign the approved indication for specific medications.
3. Nursing and medical staff will be notified electronically in the EMR of the approved indication.

(D) Standard Indications Included (Refer to Appendix A for list of medications)

- | | | |
|----------------------|-----------------------|---------------------|
| 1. Agitation | 10. Dry Eyes | 19. Indigestion |
| 2. Allergy | 11. Edema | 20. Insomnia |
| 3. Allergic Rhinitis | 12. Flatulence | 21. Itchy Skin |
| 4. Bronchospasm | 13. Fluid Replacement | 22. Migraine |
| 5. Congestion | 14. Headache | 23. Muscle Spasm |
| 6. Constipation | 15. Hemorrhoids | 24. Nasal Dryness |
| 7. Cough | 16. Hiccups | 25. Nausea/Vomiting |
| 8. Diarrhea | 17. Hypertension | 26. Oral Mucositis |
| 9. Dizziness/Vertigo | 18. Hypotension | 27. Pain |

28. Secretions

29. Sore Throat

30. Urinary Pain/Spasm

<p>Approved by:</p> <p><u>/s/</u> _____ <u>04/25/2022</u> Lindsey Eitniew, PharmD, BCPS, AAHIVP Director of Pharmacy Date</p> <p><u>/s/</u> _____ <u>04/25/2022</u> Zohaib Ahmed, MD Chair Pharmacy and Therapeutics Committee Date</p> <p><u>/s/</u> _____ <u>04/25/2022</u> Russell Smith, PharmD, MBA, BCPS Senior Hospital Administrator Date</p> <p><i>Review/Revision Completed By:</i> <i>Pharmacy</i></p>	<p>Review/Revision Date: 4/17 9/18 1/19</p> <hr/> <p>Next Review Date: 4/1/2025</p>
<p>Policies Superseded by This Policy:</p>	

It is the responsibility of the reader to verify with the responsible agent that this is the most current version of the policy.

Appendix A

Medication Name	Class	Indication
Acetaminophen with Codeine	Analgesic/Opioid	Pain
Acetaminophen/Caffeine/Butalbital	Barbiturate	Headache
Albuterol	Beta Agonist	Bronchospasm
Albuterol and Ipratropium	Beta Agonist/Anticholinergic	Bronchospasm
Alum-Mag Hydroxide-Simeth	Antacid	Indigestion
Amitriptyline	Antidepressant	Insomnia
Aripiprazole	Atypical Antipsychotic	Agitation
Aspirin/Caffeine/Butalbital	Barbiturate	Headache
Azelastine	Antihistamine	Allergic rhinitis
Belladonna Alkaloids-Opium	Analgesic	Urinary pain or spasm
Benzocaine	Anesthetic	Pain
Benzocaine-Menthol	Anesthetic	Sore Throat
Benzonatate	Antitussive	Cough
Bisacodyl	Laxative, Stimulant	Constipation
Bumetanide	Loop Diuretic	Edema
Buprenorphine	Opioid	Pain
Butorphanol	Opioid	Pain
Calamine-Zinc Oxide	Topical Skin Protectant	Itchy Skin
Carvedilol	Beta Blocker	Hypertension
Celecoxib	NSAID	Pain
Cetirizine	Antihistamine	Allergy
Chlordiazepoxide	Benzodiazepine	Anxiety
Chlorpheniramine-Hydrocodone	Antitussive	Cough
Chlorpromazine	Antipsychotic	Hiccups
Clonidine	Alpha Agonist	Hypertension
Codeine	Opioid	Pain
Cyclobenzaprine	Muscle Relaxant	Muscle Spasm
Cyproheptadine	Antihistamine	Allergy
Dextromethorphan-GG	Antitussive	Cough
Dextrose 50%	Intravenous Nutritional Therapy	Hypoglycemia
Diphenhydramine	Antihistamine	Allergy
Diphenoxylate-Atropine	Antidiarrheal	Diarrhea
Docusate	Stool Softener	Constipation
Epinephrine	Alpha/Beta Agonist	Hypotension
Eszopiclone	Hypnotic	Insomnia
Felodipine	Calcium Channel Blocker	Hypertension
Fentanyl	Opioid	Pain
Fexofenadine	Antihistamine	Allergy

Fexofenadine-Pseudoephedrine	Antihistamine/Decongestant	Congestion
Fluticasone	Nasal Steroid	Allergic rhinitis
Furosemide	Loop Diuretic	Edema
Glycerin	Laxative, Osmotic	Constipation
Glycopyrrolate	Anticholinergic	Secretions
Guaifenesin	Expectorant	Cough
Haloperidol Lactate	Typical Antipsychotic	Agitation
Hydrochlorothiazide	Thiazide Diuretic	Hypertension
Hydralazine	Vasodilator	Hypertension
Hydrocortisone (rectal)	Corticosteroids	Hemorrhoidal Pain
Hydrocodone/Acetaminophen	Opioid	Pain
Hydromorphone	Opioid	Pain
Ibuprofen	NSAID	Pain
Ibuprofen-Hydrocodone	NSAID/Opioid	Pain
Ipratropium	Anticholinergic	Bronchospasm
Ketorolac Tromethamine	NSAID	Pain
Labetalol	Beta Blocker	Hypertension
Lidocaine-Prilocaine	Anesthetic	Pain
Loperamide	Antidiarrheal	Diarrhea
Loratadine	Antihistamine	Allergy
Loratadine-Pseudoephedrine	Antihistamine/Decongestant	Congestion
Magic Mouthwash	Mouthwash	Oral Mucocitis
Magnesium Citrate	Laxative	Constipation
Magnesium Hydroxide	Laxative	Constipation
Meclizine	Antihistamine	Dizziness or Vertigo
Melatonin	Sedative	Insomnia
Metaxalone	Muscle Relaxant	Muscle Spasm
Metoclopramide	Antiemetic	Nausea or Vomiting
Milk of Magnesia	Antacid	Constipation
Mineral Oil	Laxative, Lubricant	Constipation
Morphine	Opioid	Pain
Naproxen	NSAID	Pain
Normal Saline (Nasal)	Lubricant	Nasal Dryness
Ondansetron	Antiemetic	Nausea or Vomiting
Oxycodone	Opioid	Pain
Oxycodone/Acetaminophen	Analgesic/Opioid	Pain
Oxymorphone	Opioid	Pain
Phenol-Phenolate	Anesthetic	Sore Throat
Phenylephrine	Decongestant	Congestion
Phenylep-Shark Liv Oil-Mo-Pet	Anti-hemorrhoidal	Hemorrhoidal Pain
Polyethylene Glycol 3350	Laxative, Osmotic	Constipation

Polyvinyl Alcohol	Ophthalmic Agent	Dry Eyes
Prochlorperazine	Typical Antipsychotic	Nausea or Vomiting
Promethazine	Antiemetic	Nausea or Vomiting
Psyllium	Laxative, Bulk-producing	Constipation
Quetiapine Fumarate	Atypical Antipsychotic	Agitation
Rizatriptan Benzoate	Serotonin Receptor Agonist	Migraine
Senna	Laxative, Stimulant	Constipation
Senna-Docusate	Laxative, Stimulant	Constipation
Simethicone	Antiflatulent	Flatulence
Sumatriptan Succinate	Serotonin Receptor Agonist	Migraine
Temazepam	Benzodiazepine	Insomnia
Throat Lozenges (Cepastat)	Anesthetic	Sore Throat
Tizanadine	Muscle Relaxant	Muscle Spasm
Tramadol	Analgesic	Pain
Tramadol-Acetaminophen	Analgesic	Pain
Trazodone	Antidepressant	Insomnia
Zaleplon	Hypnotic	Insomnia
Ziprasidone Mesylate	Atypical Antipsychotic	Agitation
Zolpidem Tartrate	Hypnotic	Insomnia