Name of Policy: **Use of Metered Dose Inhaler in**

Mechanically Ventilated Patients

Policy Number: 3364-133-108

Department: Pharmacy

Approving Officer: Chief Pharmacy Officer **Responsible Agent:** Director of Pharmacy

University of Toledo Medical Center Scope:

Pharmacy

Minor/technical revision of existing policy New policy proposal

Effective Date: 5/24/2021

Initial Effective Date: 10/1/2015

Major revision of existing policy Reaffirmation of existing policy

PURPOSE:

To auto-substitute nebulizer bronchodilator therapy to metered dose inhaler (MDI) for mechanically ventilated patients.

BACKGROUND:

The use of metered dose inhalers provide the same degree of efficacy as nebulizers in mechanically ventilated patients and is safe, convenient, and cost effective. In addition, therapy with MDIs is less time consuming and has a lower risk of contamination.

POLICY:

- All patients with an order for nebulized medications that have an artificial airway in 1. place will be considered candidates for conversion to MDI.
- 2. The patient will be switched to MDI administration if the ordered drug is available in MDI form.
- 3. The respiratory therapist will write a therapeutic substitution order from an ordered nebulizer bronchodilator to a metered dose inhaler based on interchange table below.

Drug	Nebulizer Dose	MDI Dose –	MDI dose – No	Name Brand
		Artificial airway	artificial airway	
Albuterol	2.5mg	6 puffs	2 puffs	ProAir, Ventolin
Ipratropium	0.5mg	6 puffs	2 puffs	Atrovent
Albuterol/Ipratropium	2.5mg/0.5mg	6 puffs	2 puffs	Combivent

- 4. Ordered dosage intervals and/or as needed indications will remain the same as ordered via nebulizer.
- 5. A patient with a "do not substitute" order from a physician will be excluded from this therapeutic conversion.

- 6. All orders for a MDI that no longer have an artificial airway in place must meet the following to continue MDI administration.
 - a. Alert and able to follow commands
 - b. Respiratory rate < 30
 - c. Able to perform a slow deep breath and hold for 5 seconds
- 7. The respiratory care practitioner will instruct the patient in the proper use of a MDI with/without spacer and document education provided
- 8. All patients with an order for a MDI that no longer have an artificial airway in place wil be considered as candidates to conversion to nebulized bronchodilator therapy if they do not meet criteria to continue to use MDIs.

PROCEDURE FOR BRONCHODILATOR DELIVERY BY METERED DOSE INHALER IN VENTILATED PATIENTS:

- 1. Check order, identify patient, and need for bronchodilators
- 2. Suction endotrachial tube and airway secretions
- 3. Shake MDI vigorously
- 4. Place MDI in space chamber adapter in ventilator circuit.
- 5. Do not disconnect humidifier.
- 6. Do not change the ventilator setting
- 7. Coordinate MDI actuation with beginning of inspiration.
- 8. Wait at least 15 seconds between actuations; administer total dose.
- 9. Monitor for adverse response

Approved by:		Review/Revision Date
		4/1/2018
		5/1/2021
<u>/s/</u>	05/24/2021	
Lindsey Eitniear PharmD, BCPS, AAHIVP	Date	
Director of Pharmacy		
/s/	05/28/2021	
Michael Taylor	Date	
Director, Respiratory Care and Neurodiagnostics		
		Next Review Date
/s/	05/24/2021	5/1/2024
Russell Smith, PharmD, MBA, BCPS	Date	
Chief Pharmacy Officer	2 4	
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Review/Revision Completed By: Pharmacy		
Review Revision Completed By. I narmacy		
Policies Superseded by This Policy:		·