Name of Policy:	Non-essential Medications	*
Policy Number:	3364-133-141	
Department:	Pharmacy	
Approving Officer:	Chair of Pharmacy and Therapeutics Committee, Senior Hospital Administrator	
Responsible Agent:	Director of Pharmacy	
Scope:	University of Toledo Medical Center	Effective Date : 6/1/2023 Initial Effective Date: 6/10/2020
New policy proposal x Minor/technical revision of existing policy Major revision of existing policy Reaffirmation of existing policy		

(A) **Principle Statement**

Credentialed pharmacists will discontinue medication orders on home medication reconciliation that are not essential to continue during hospitalization. Stopping orders that are not essential to be continued during a short-term hospital stay reduces workload on order verification, product dispensing, nursing administration time, and patient charges.

(B) Procedure

• Non-essential medication discontinuation should <u>**not**</u> be done:

- if the physician indicates "do not discontinue" in the comments section of the original order.
- if the medication ordered is related to treatment of the patients admitting diagnosis (if known).
- if there is any question related to the necessity of the medication in question related to the patients' acute care.
- 1. Credentialed pharmacists will evaluate admission medication orders for home medications for those considered non-essential.
- 2. If the medication order is appropriate for discontinuation, the pharmacist will process the order in Epic and then discontinue with the comment 'Non-essential medication' to update the electronic medical record.

Medications for discontinuation on home medication reconciliation on admission:

Type of Medication	Example	Exceptions
Multivitamin and Mineral supplements	Centrum, Centrum Silver	 Nephrocaps, Pregnancy Indication of alcohol dependency or malnutrition Iron supplements
Oral bisphosphonates	Alendronate, risedronate, ibandronate	
Nasal steroids	Budesonide, fluticasone	
Lifestyle medications	Sildenafil, tadalafil, flibanserin	Pulmonary arterial hypertension

Herbal, alternative, "natural",	Red yeast, St. John's Wort,	Ordered as non-formulary and
and/or homeopathic medications	echinacea, tumeric	home supply provided
Creams, ointments, lotions, and	Sunscreen, hyaluronic acid, retinol,	
other cosmetic medications	hydrocortisone, shampoos	
PRN Medications	Ondansetron, promethazine	• Treatment for pain or anxiety
	• -triptans or migraine therapy	Related to admission diagnosis
	• Benadryl	_
	• PPI, H2RA or antacids	
	Melatonin	
	• Eye drops or nasal sprays	

Approved by:	Review/Revision Date:	
		6/2023
<u>/s/</u>	05/23/2023	
Lindsey Eitniear, PharmD, BCPS, AAHIVP	Date	
Director of Pharmacy		
/s/	05/24/2023	
Russell Smith Pharm D, MBA, BCPS, CPEL	Date	
Senior Hospital Administrator		
/s/		
Dr. Zohaib Ahmed, MD	Date	
Chair Pharmacy and Therapeutics Committee		
Review/Revision Completed By:		
Pharmacy		
		Next Review Date: 6/1/2026

Policies Superseded by This Policy:

It is the responsibility of the reader to verify with the responsible agent that this is the most current version of the policy.