


Name of Policy: <u>Arousal scoring</u> Policy Number: 3364-171-02-04 Department: Sleep Disorders Approving Officer: Senior Hospital Administrator Responsible Agent: Director, Pulmonary Services Scope: The University of Toledo Medical Center Pulmonary Services Department	 Effective Date: 3/17/2023 Initial Effective Date: 3/17/2023
<input checked="" type="checkbox"/> New policy proposal <input type="checkbox"/> Minor/technical revision of existing policy <input type="checkbox"/> Major revision of existing policy <input type="checkbox"/> Reaffirmation of existing policy	

(A) Policy Statement

All qualified and trained Polysomnographic Technologists are responsible for scoring arousals according to American Academy of Sleep Medicine (AASM) and Centers for Medicare and Medicaid Services (CMS) standards.

(B) Purpose of Policy

To identify the standard definition of an arousal using electroencephalogram (EEG) and electromyogram (EMG) information acquired during a sleep study.

(C) Procedure

The Sleep Lab will score arousals according to the most current version of the American Academy of Sleep Medicine scoring recommendation standards, to ensure a reliable and accurate reporting.

See Procedure Arousal Scoring

Approved by: /s/ _____ 3/20/2023 Michael Taylor Date Director, Pulmonary Services /s/ _____ 3/19/2023 Andre Aguillon, M.D. Date Medical Director /s/ _____ 3/20/2023 Russell Smith Date Senior Hospital Administrator <i>Review/Revision Completed By:</i> <i>Director, Sleep Disorders</i>	Review/Revision Date: 3/23 Next Review Date: 3/23
Policies Superseded by This Policy:	

It is the responsibility of the reader to verify with the responsible agent that this is the most current version of the policy.