


Name of Policy: <u>Rhythmic movement disorder study</u> Policy Number: 3364-171-03-09 Department: Sleep Disorders Approving Officer: Senior Hospital Administrator Responsible Agent: Director, Sleep Disorders Scope: The University of Toledo Medical Center Pulmonary Services Department	 Effective Date: 03/17/2023 Initial Effective Date: 03/17/2023
<input checked="" type="checkbox"/> New policy proposal <input type="checkbox"/> Minor/technical revision of existing policy <input type="checkbox"/> Major revision of existing policy <input type="checkbox"/> Reaffirmation of existing policy	

(A) Policy Statement

All qualified and trained Polysomnographic Technologists will perform a rhythmic movement disorder hook-up for the detection of Sleep Related Rhythmic Movement Disorder.

(B) Purpose of Policy

To evaluate Sleep Related Rhythmic Movement Disorder.

(C) Procedure

1. A rhythmic movement disorder study will be performed when a physician’s order and appropriate diagnosis and history has been obtained.
 - a. Follow policy – Polysomnogram Procedure
 - b. Follow all calibrations and charting per policies listed above.
 - c. If any adverse actions are noted, follow policy – Guidelines for Emergency Situations when Recording Polysomnograms.

2. For detecting rhythmic movement disorder (RMD), bipolar surface electrodes should be placed to record electrical activity of the large muscle groups involved (see figure below).
 - a. Surface electrodes should be placed 2-3 cm apart.

See Procedure Rhythmic Movement Disorder

<p>Approved by:</p> <p><u>/s/</u> <u>03/20/2023</u> Michael Taylor Director, Pulmonary Services Date</p> <p><u>/s/</u> <u>03/19/2023</u> Andre Aguilon, M.D. Medical Director Date</p> <p><u>/s/</u> <u>03/20/2023</u> Russell Smith Senior Hospital Administrator Date</p> <p><i>Review/Revision Completed By:</i> <i>Director, Sleep Disorders</i></p>	<p>Review/Revision Date: 03/23</p>
<p>Policies Superseded by This Policy:</p>	<p>Next Review Date: 03/26</p>

It is the responsibility of the reader to verify with the responsible agent that this is the most current version of the policy.